BIOMARKERS IN RHEUMATIC DISEASES 11th GISEA INTERNATIONAL MEETING

Biomarkers in Rheumatic Diseases: towards precision medicine



Chairmen: G. Ferraccioli - E. Gremese











In the last years the field of Rheumatology has witnessed astonishing progress in the understanding and management of rheumatic diseases. A tremendous advance in dissecting the molecular and cellular mechanisms underpinning inflammation mainly in chronic arthritis has been made. In this context, a new concept of joint homeostasis regulated by resident inflammatory and stromal cells was developed with significant consequences for the management of patients with chronic inflammatory joint diseases as Rheumatoid Arthritis, Psoriatic Arthritis and Spondyloarthritis, since high-definition analysis identified novel putative pathways involved in the regulation of the behavior of stromal and inflammatory cells within the target tissue across disease phases. However, a lack of knowledge is still present in the field of systemic Connective Tissue Diseases, arising the urgent need to identify and develop novel biomarkers with prognostic properties.

Moreover, artificial intelligence platforms recently allowed great advances in personalized medicine approaches in cancer field. Therefore, the future challenge in Rheumatology, will be to apply and develop precision-medicine strategies for the management of rheumatic diseases.

This year, we will meet again in a virtual format during half a day of intensive streams discussing current and future directions in biomarkers discovery and validation, their integration, modelling and bioinformatics within precision medicine approaches in Rheumatology.

13.45 - 14.00	The road of biomarkers discovery in Rheumatology: update
	E. Gremese

Chairmen: M.A. D'Agostino, G.Ferraccioli

- 14.00 14.30 The truth is in the tissue: new insights for Rheumatoid Arthritis from the human cell atlas *C. Buckley*
- 14.30 14.45 Novel biomarkers of joint homeostasis: learning from chronic inflammatory joint diseases *M. Kurowska-Stolarska*
- 14.45 15.00 Precision medicine: clinical relevance of new biomarkers in RA F. Ciccia
- 15.00 15.15 Redefining remission in rheumatoid arthritis: what should we aim for?* S. Alivernini
- 15.15 15.45 Discussion

CONNECTIVE TISSUE DISEASES: UPDATE - Chairmen: F.R. Spinelli, E. Gremese

- 15.45 16.00 Novel biomarkers of autoimmunity in Connective Tissue Diseases *L. Frasca*16.00 - 16.15 The detrimental link between infection and inflammation: insights on the loss of immunological tolerance
 - C.B. Chighizola
- 16.15 16.30 Modelling and bioinformatics in Rheumatic Diseases
- A. Mannocci
- 16.30 17.00 Discussion

TARGET THERAPIES: UPDATE - Chairmen: G. Lapadula, M.S. Chimenti

- 17.00 17.15 Real life experience of apremilast in psoriatic arthritis and potential markers of response* F. Conti
- 17.15 17.30 IL6 blockade benefits beyond the joints*
 - M. Benucci
- 17.30 17.45 Anti-TNF light and shadows: when are they to be considered current and when outdated? G. Ferraccioli
- 17.45 18.15 Discussion
- 18.15 18.30 Take home messages
 - E. Gremese
- 18.30 Closure CME test online

*Sponsored Lectures



GENERAL INFORMATION

REGISTRATION

For registration please apply to **<u>www.prex.it/eventi/biomarkers2020</u>** Unregistrered participants will not be allowed in the congress.

OFFICIAL LANGUAGE

The official language of the Congress is English.

SCIENTIFIC DIRECTORS

Prof.ssa Elisa Gremese Prof. Gianfranco Ferraccioli

SCIENTIFIC COMMITTEE

Dr.ssa Barbara Tolusso (coordinator) Dr. Stefano Alivernini Dr.ssa Silvia Laura Bosello Dr. Luca Petricca Dr.ssa Maria Rita Gigante Dr. Simone Perniola

CME

The course has been accredited by the Provider Prex (Rif. ECM: 75-307821-1) with educational objective n. 3 and it has been assigned 2,8 credits. The course is reserved to physicians specialised in: Rheumatology, Internal Medicine, Gastroenterology, Immunology, Dermatology, Nephrology, Orthopedy, Neurology, Geriatric, Allergology, Pulmonology, Cardiology. To obtain CME credits is necessary to attend the whole course, pass the evaluation test and the evaluation form online.





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