

endolive<sup>®</sup> roma

# ENDOLIVE ROMA 2019 EDITION

**8-9-10 MAY**

**Venue**, Auditorium  
Catholic University Rome  
Fondazione Policlinico Universitario A. Gemelli IRCCS

**Course Director**  
Guido Costamagna

**Gruppo SC** **StudioCongressi**  
servizi per la comunicazione  
Via N. Colajanni, 4 - 00191 Roma, Italia  
Tel. +39 06 3290250 - Fax +39 06 36306897  
[www.endoliveroma.it](http://www.endoliveroma.it) - [info@endoliveroma.it](mailto:info@endoliveroma.it)



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

**Gemelli**



Fondazione Policlinico Universitario Agostino Gemelli IRCCS  
Università Cattolica del Sacro Cuore

**Venue:**

Auditorium Catholic University Rome  
Fondazione Policlinico Universitario A. Gemelli IRCCS

[www.endoliveroma.it](http://www.endoliveroma.it)

**Course Director**

Guido Costamagna

Endo Live Roma has been endorsed by the:



Associazione Giovani Gastroenterologi e Endoscopisti Italiani



Associazione Italiana Gastroenterologi &  
Endoscopisti Digestivi Ospedalieri



Associazione Nazionale degli Infermieri Operatori Tecniche  
Endoscopiche



European Society of Gastrointestinal Endoscopy



Società Italiana di Endoscopia Digestiva

S.I.E.D.  
Società Italiana  
Endoscopisti Digestivi



COMPLIANT with the Eucomed Code of Ethical Business Practice

## Foreword

Dear Colleague,

after last year's success, we are enthusiastically back with a new edition of Endolive® Roma 2019 that will take place from May 8th to 10th at the Auditorium of the Catholic University in Rome.

The format hasn't changed: live video demonstrations of the most recent techniques of diagnostic and therapeutic GI endoscopy will be spaced out by State-of-the-Art Lectures on hot-topics and mini-symposiums. This year, the first day will be entirely dedicated to a Focus "Pancreatic cysts" which are more and more frequently diagnosed thanks to the progresses in imaging technology. In order to avoid creating other "Vomit" (Victims Of Medical Imaging Technology-Incidentalomas) it is important to be updated in this field.

**Endolive® Roma promotes educational interactions:** one of its traits is the close interaction between the chairmen, experts and the audience during the live cases. Endolive® Roma gives you the opportunity to ask questions that are, indeed, very much welcome. You will have the extraordinary opportunity to receive direct feedback by internationally renowned and brilliant experts, coming to Rome from all over the world. The possibility to meet the international Faculty during the coffee breaks and lunch sessions, and promoting the discussion of clinical cases and personal experience and knowledge, face-to-face with the experts is also at the centre of this event.

**Endolive® Roma facilitates business interactions:** GI Endoscopy has grown during the past decades also because of a close cooperation between physicians and biomedical industries. To remark the importance of this relationship, you will be offered the best venue to sit and discuss with International Representatives of some of the most important biomedical industries, and again enhance your knowledge, expand your contacts, and your business. It will be a good occasion to discover new devices and

technologies that will be introduced in the field of gastrointestinal endoscopy in the near future.

**Endolive® Roma promotes cultural interactions:** it is an excellent and stimulating setting to share experiences and improve skills. We sincerely hope that you will also consider Endolive® Roma 2019 as a perfect occasion to meet colleagues and friends, in a very special and warm location that is the eternal city of Rome, making you feel a part of the worldwide GI Endoscopy family. Gastroenterologists and GI residents, GI surgeons and radiologists, but also general practitioners and medical students are all welcome to Endolive® Roma 2019.

Looking forward to seeing you in Rome!

Guido Costamagna  
Course Director



## Scientific Program

Live Video Demonstrations from the Endoscopy Unit to the Auditorium of the Policlinico A. Gemelli (Catholic University, Rome) will demonstrate the following procedures (according to the patients available)

### ERCP Room

Biliary and pancreatic sphincterotomy  
Stones extraction  
Biliary and pancreatic stent placement  
Cholangioscopy  
Pancreatocopy  
Treatment of pancreatic cysts  
Biliary lithotripsy  
Biliary RFA

### EUS Room

Diagnostic and therapeutic EUS  
Diagnostic EUS (FNA/FNB)  
EUS-guided RFA  
EUS-guided drainage of pancreatic collection  
EUS guided biliary drainage

### Gastro/Colon Room

Treatment of gastrointestinal bleeding  
Band ligation of varices  
Esophageal dilation and stenting  
Diagnostic and therapeutic colonoscopy  
Endoscopic mucosal resection (EMR)  
Endoscopic submucosal dissection (ESD)  
Radiofrequency ablation (RFA) of Barrett's esophagus  
Peroral endoscopic myotomy (POEM)  
Mucomyotomy for Zenker's diverticulum  
Capsule endoscopy  
Diagnostic and therapeutic device-assisted enteroscopy  
Endoscopic sleeve gastropasty  
Intergastric balloon insertion and removal  
Treatment of bariatric surgery complications  
Full-thickness endoscopic resection  
Endotherapy of GERD

Participants are invited to ask questions via sms  
Selected questions will be answered by the Moderators during the sessions

## PROGRAM ENDOLIVE ROMA 2019 - Auditorium

### WEDNESDAY, MAY 8<sup>TH</sup>

13.45 Welcome address  
Rocco Bellantone (Dean of the Faculty)  
Marco Elefanti (Director, Fondazione Policlinico Universitario A. Gemelli IRCCS)  
Maurizio Zega (Head of SITRA)  
Guido Costamagna

#### FOCUS ON: Cystic lesions of the pancreas: forget, follow or treat?

**Session I** - Moderators: H. Neuhaus - B. Petersen

14.00 "Another cyst of the pancreas! Do guidelines help us?" - J-W. Poley  
14.20 "IPMN when and how to follow" - M. Barthet  
14.40 "IPMN: when and how to resect" - M. Falconi  
15.00 1st Session: Live Video Demonstrations  
Moderators: G. Arcidiacono - H. Neuhaus - A. Zambelli  
16.00 *Coffee Break*

**Session II** - Moderators: J. Devière - C. Fabbri - I. Tarantino

16.30 "Endoscopic necrosectomy: not only transgastric, not only LAMS?" - C. Navarrete  
17.00 Satellite Symposium (no Italian ECM credits)  
17.45 2nd Session: Live Video Demonstrations  
Moderators: J. Devière - C. Fabbri - I. Tarantino  
18.30 *End of Day 1*

## PROGRAM ENDOLIVE ROMA 2019 - Auditorium

### THURSDAY, MAY 9<sup>TH</sup>

- 09.00 3rd Session: Live Video Demonstrations  
Moderators: A. Arezzo - M. Giovannini - F. Bazzoli
- 10.15 **Debate on: "Resection of colonic polyps"**  
Moderator: T. Ponchon  
"Discard: ready for prime time!" - E. Despott  
"Discard: never!" - C. Hassan
- 11.00 *Coffee Break*
- 11.30 4th Session: Live Video Demonstrations  
Moderators: C. De Angelis - E. Despott - P.A. Testoni
- 12.30 **Mini-Symposium: "Pre-operative biliary drainage"**  
Moderators: J. Devière - B. Petersen  
"When and why" - H. Neuhaus  
"Which stent?" - J. Devière  
"Biliary drainage is not routinely needed!" - M. Falconi  
"Questions & Answers"
- 13.30 *Lunch Break*
- 14.30 5th Session: Live Video Demonstrations  
Moderators: V. Cennamo - A. Gasbarrini - A. Repici
- 15.30 Sponsored Lecture (no Italian ECM credits)
- 16.00 **Tandem Lecture: "Duodenal adenomas: which resection?"**  
Moderator: M. Barthet  
"EMR as usual !" - A. Repici  
"We are ready for ESD !" - K. Ohata
- 16.30 *Coffee Break*
- 17.00 6th Session: Live Video Demonstrations  
Moderators: M. Bulajic - P. Cantù - C. Navarrete
- 18.00 *End of Day 2*

## PROGRAM ENDOLIVE ROMA 2019 - Auditorium

### FRIDAY, MAY 10<sup>TH</sup>

- 08.30 7th Session: Live Video Demonstrations  
Moderators: R. Conigliaro - A. Malesci - J. - W. Poley
- 10.30 "Training in GI endoscopy: from simulators to real life" - B. Petersen
- 10.50 *Coffee Break*
- 11.20 8th Session: Live Video Demonstrations  
Moderators: A. Anderloni - E. Buscarini - B. Petersen
- 12.40 Sponsored Lecture (no Italian ECM credits)
- 13.10 "Plenary discussion with the experts regarding patients treated on day 1&2"
- 13.30 *Lunch Break*
- 14.30 9th Session: Live Video Demonstrations  
Moderators: G. Costamagna - A. Gabbrielli - K. Ohata
- LIVE TRANSMISSION TO  **MAGiC**
- 1ST ANNUAL MID-ATLANTIC GASTROINTESTINAL INTERVENTIONAL COURSE  
PRINCETON, NEW JERSEY (USA)
- 16.00 *Closing remarks*



## GUEST FACULTY ENDOLIVE ROMA

### Invited Guest Faculty:

BARTHET MARC - Marseille, France

DESPOTT EDWARD – London, UK

FALCONI MASSIMO – Milan, Italy

HASSAN CESARE – Roma, Italy

NAVARRETE CLAUDIO – Santiago, Chile

OHATA KEN – Tokyo, Japan

PETERSEN BRET - Rochester (Mi), USA

POLEY JAN-WERNER – Rotterdam, The Netherlands

PONCHON THIERRY – Lyon, France

REPICI ALESSANDRO – Milan, Italy

### Permanent Faculty:

DEVIERE JACQUES - Brussels, Belgium

GIOVANNINI MARC - Marseille, France

NEUHAUS HORST - Düsseldorf, Germany

### Honorary Faculty Member:

ZAMBELLI ALESSANDRO - Crema, Italy



## AUDITORIUM

### Moderators

Anderloni Andrea  
Rozzano (MI) - Italy

Arcidiacono Paolo Giorgio  
Milano - Italy

Arezzo Alberto  
Torino - Italy

Bazzoli Franco  
Bologna - Italy

Bulajic Milutin  
Udine - Italy

Buscarini Elisabetta  
Crema - Italy

Cantù Paolo  
Milano - Italy

Cennamo Vincenzo  
Bologna - Italy

### Invited Experts

Boyle Nicholas  
London - UK

Turro Roman  
Barcelona - Spain

Conigliaro Rita  
Modena - Italy

De Angelis Claudio  
Torino - Italy

Fabbi Carlo  
Forlì - Italy

Gabbrielli Armando  
Verona - Italy

Gasbarrini Antonio  
Roma - Italy

Malesci Alberto  
Rozzano (MI) - Italy

Tarantino Ilaria  
Palermo - Italy

Testoni Pier Alberto  
Milano - Italy

Vincent Huberty  
Bruxelles - Belgium

## PROGRAM ENDOLIVE ROMA 2019 - Aula Moscati

### MERCOLEDÌ 8 MAGGIO

- 13.45 Saluti inaugurali in diretta dall'Auditorium  
Moderatori: F. Grilli - R. Mattiola - C. Spada
- 14.00 **"Ecoendoscopia e la sua storia"** - C. De Angelis - S. Moio
- 14.30 **"Sapere, saper essere, saper fare. La peculiarità del paziente di Ecoendoscopia"**  
V. Brandinu
- 15.00 1ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: F. Grilli - R. Mattiola - C. Spada
- 16.00 *Coffee Break*
- 16.30 **"Lesioni pancreatiche: quali devices?"** - C. Raddavero
- 17.00 Lettura sponsorizzata non ECM
- 17.45 2ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: F. Grilli - R. Mattiola - A. Zambelli
- 18.30 *Fine dei lavori*

## PROGRAM ENDOLIVE ROMA 2019 - Aula Moscati

### GIOVEDÌ 9 MAGGIO

- 09.00 3ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: I. Buizza - C. Rivara - F. Scaldaferrì
- 10.15 **"La figura assistenziale nella programmazione: le competenze specifiche a servizio della qualità delle prestazioni erogate"** - M. Angeletti - R. Manica
- 11.00 *Coffee Break*
- 11.30 4ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: I. Buizza - C. Rivara - C. Spada
- 12.30 **"Il ruolo del primary nei percorsi assistenziali endoscopici: nuove frontiere dell'assistenza"** - M. L. Gregori
- 13.00 **"Il ruolo assistenziale nelle nuove tecniche resettive endoscopiche"** - S. Simonelli
- 13.30 *Lunch Break*
- 14.30 5ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: D. Carretto - A. Guarini - A. Zambelli
- 15.30 Lettura sponsorizzata non ECM
- 16.00 **"ANOTE/ANIGEA Società Scientifica"** - C. Rivara
- 16.30 *Coffee Break*
- 17.00 6ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: D. Carretto - A. Gabbrielli - A. Guarini
- 18.00 *Fine dei lavori*



## PROGRAM ENDOLIVE ROMA 2019 - Aula Moscati

### VENERDÌ 10 MAGGIO

- 08.30 7ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: L. Lopetuso - D. Napolitano - G. Petrocelli
- 09.45 Lettura Sponsorizzata non ECM
- 10.30 **"Banca del microbiota intestinale: il futuro è già realtà?"** - G. Cammarota
- 10.50 *Coffee Break*
- 11.20 8ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: L. Lopetuso - D. Napolitano - G. Petrocelli
- 12.40 Lettura sponsorizzata non ECM
- 13.10 Discussione plenaria sulle procedure endoscopiche viste in diretta video  
Moderatori: L. Lopetuso - D. Napolitano - G. Petrocelli
- 13.30 *Lunch Break*
- 14.30 9ª Sessione: Procedure endoscopiche in diretta video  
Moderatori: A. Di Gemma - G. Petrocelli - A. Zambelli
- 16.00 *Fine dei lavori*

### AULA MOSCATI

#### Relatori

Angeletti Michaela  
Roma - Italy

Brandinu Veronica  
Roma - Italy

Cammarota Giovanni  
Roma - Italy

De Angelis Claudio  
Torino - Italy

Gregori Maria Luisa  
Roma - Italy

Manica Regina  
Roma - Italy

Moio Stefania  
Torino - Italy

Raddavero Carla  
Siena - Italy

Rivara Cinzia  
Ciriè (TO) - Italy

Simonelli Sandro  
Brescia - Italy

#### Moderatori

Buizza Ilde  
Brescia - Italy

Carretto Daniela  
Asti - Italy

Di Gemma Anna  
Roma - Italy

Gabbrielli Armando  
Verona - Italy

Grilli Fabio  
Roma - Italy

Guarini Alessandra  
Roma - Italy

Lopetuso Loris  
Roma - Italy

Mattiola Roberta  
Roma - Italy

Napolitano Daniele  
Roma - Italy

Petrocelli Giulio  
Milano - Italy

Scaldaferri Franco  
Roma - Italy

Spada Cristiano  
Brescia - Italy

Zambelli Alessandro  
Crema - Italy

## Local Faculty

Attili Fabia  
 Barbaro Federico  
 Boškoski Ivo  
 Bove Vincenzo  
 Di Matteo Francesco Maria  
 Familiari Pietro  
 Landi Rosario  
 Larghi Alberto  
 Pandolfi Monica  
 Pecere Silvia  
 Perri Vincenzo  
 Petruzzello Lucio  
 Riccioni Maria Elena  
 Spada Cristiano  
 Tringali Andrea

### Head of the Anesthesiologic Team:

Rossi Marco

### Radiologic Team:

Manfredi Riccardo  
 Brizi Maria Gabriella  
 Lanza Francesca

## Nurses

Alimonti Roberta  
 Angeletti Michaela  
 Bonanni Carla  
 Brandinu Veronica  
 Di Gemma Anna  
 Durini Carmelo  
 Falcini Roberta  
 Grilli Fabio  
 Manica Regina  
 Metta Diego  
 Mileto Andrea  
 Monterisi Nicola  
 Palanca Monica  
 Palmieri Ivana  
 Piacente Alice  
 Salvatori Giovanna  
 Sangiorgi Valentina  
 Scaglietta Cinzia  
 Venezia Maria

## Medical Collaborators

Gibiino Giulia  
 Mangiola Francesca  
 Marmo Clelia  
 Napoli Marco  
 Papparella Giovanni  
 Pizzicannella Margherita  
 Pontecorvi Valerio  
 Rizzatti Gianenrico

## Auxiliary Staff

Ceccarelli Marco  
 Corciulo Francesca  
 D'Innocenti Marika  
 Elisei Dario  
 Fabretti Danilo  
 Parrillo Matteo

**Course Director**

Guido Costamagna

**Congress Venue**

Catholic University Rome  
Fondazione Policlinico Universitario  
A.Gemelli IRCCS  
Auditorium  
Largo F. Vito, 1 - Roma (Italy)

**Congress Coordinator**

Mrs. Raffaella Aragona

**Congress Organization**

Gruppo SC - Studio Congressi  
Servizi per la Comunicazione  
Via N. Colajanni, 4 - 00191 Roma (Italia)  
Tel. +39 06 3290250  
Fax. +39 06 36306897  
info@endoliveroma.it  
www.endoliveroma.it

**Official Congress Language**

The official language of the Congress is English. Translation into Italian is provided. The Parallel Symposium for Nurses will be in Italian and Live Video Demonstrations simultaneously translated into Italian.

E' prevista la traduzione simultanea in lingua Italiana. La sessione parallela per Infermieri si svolge interamente in lingua Italiana, le sessioni di Dimostrazione dal vivo verranno tradotte in Italiano.

GRAPHIC DESIGN  
SGGrafica.com

AUDIOVISUAL/LIVE TRANSMISSION  
StudioVisio srl

**Certification**

A Certificate of Attendance will be available for all participants at the end of the Congress. The event has been granted 4,5 Italian (ECM) credits and up to 13 European (EMEC) credits.

Italian ECM credits are not provided for Satellite Symposiums and Sponsored Lectures.

The Congress Secretariat, GRUPPO SC, will not bear any responsibility for accidents, injuries, loss or damage to persons or properties, delays or modifications in the program, caused by unforeseen circumstances.

**Provider:**

Gruppo Sc S.R.L. Studio Congressi Servizi per la Comunicazione

**Codice Evento ECM:** n.251925

**Sede Evento:**

Università Cattolica del Sacro Cuore - Auditorium  
Largo A. Gemelli, 8 - 00168 Roma (Italia)

**Crediti formativi:** 4,5

**Durata effettiva dell'attività formativa in ore:** 15

**Destinatari dell'iniziativa**

MEDICO CHIRURGO - INFERMIERE

**Discipline**

GASTROENTEROLOGIA  
PEDIATRIA  
CHIRURGIA GENERALE  
RADIODIAGNOSTICA  
MEDICINA INTERNA  
INFERMIERE

**Obiettivo formativo**

Contenuti tecnico-professionali (conoscenze e competenze) specifici di ciascuna professione, di ciascuna specializzazione e di ciascuna attività ultraspecialistica. Malattie rare.

**Patient advocate:**

Dr. Emilio Di Giulio  
As suggested by ESGE guidelines patients are represented by an endoscopist, the patient advocate, who does not belong to the local organizing committee (LOC) and who will report to the director of the LOC. He has no conflicts of interest with the director of the LOC, local staff or visiting faculty members. The patient advocate will give general feedback to the director of the LOC in a written proforma report including all the potential or actual breaches of the ESGE recommendations or any other action that may have exposed patients to an increased risk related to the LEE.

Gold Sponsors



Principal Sponsors



Major Sponsors



Regular Sponsors



General Exhibitors



Participating Companies



Download  
**endolive**  **roma**  
**APP**



Available free for  
Android and iOS



**endolive**  **roma**

# ENDOLIVE ROMA 2020 EDITION

## 6-7-8 MAY

**Venue**, Auditorium  
Catholic University Rome  
Fondazione Policlinico Universitario A. Gemelli IRCCS

**Course Director**  
Guido Costamagna



**StudioCongressi**  
servizi per la comunicazione

Via N. Colajanni, 4 - 00191 Roma, Italia  
Tel. +39 06 3290250 - Fax +39 06 36306897  
[www.endoliveroma.it](http://www.endoliveroma.it) - [info@endoliveroma.it](mailto:info@endoliveroma.it)



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore



Fondazione Policlinico Universitario Agostino Gemelli IRCCS  
Università Cattolica del Sacro Cuore

## What to do in Rome

It's been a long day and you're probably considering whether or not you have the energy to go out tonight and roam the city? Well, let me help you take this difficult decision by giving you a selection of nice places to have a drink or a nice meal. You won't be able to resist!

### Walking distance from the Catholic University:

#### La Bruschetta

Basic Italian trattoria serving pasta, meat and pizza

Via Pestalozzi, 25

Tel: +39 06 3055217

Price: €25/person

#### Da Gabriele

Fish speciality

Via Trionfale 8242

Tel: +39 06 3052344

Price: € 35/person

### 10 mns by taxi from the Catholic University:

#### Al Cocomerino

Extensive and eclectic menu, classic Italian "antipasti", a wide selection of pasta dishes, grilled "chianina" meat, hand cut prosciutto and pizza.

Via Cortina d'Ampezzo, 379

Tel: +39 06 3507 2818

Price: €30/person

#### La Sagra del Vino

Typical family-run roman trattoria, the owner Candido represents everything that is Roman!

Via Marziale, 5 (Balduina Area)

Tel: +39 06 39737015

Price: €35-€40/person

### 15 mns by taxi from the Catholic University:

You have the buzzing area of Ponte Milvio. In the evening it fills up with every generation of Romans who mill around the square for an "Aperitivo alla Milanese" (typical aperitif accompanied by a wide selection of little nibbles and antipasti, can substitute dinner if you have enough to drink!):

*on Piazzale di Ponte Milvio:*

Aristocampo

Nazzareno

*on Via Flaminia Vecchia:*

Rerè Wine Bar

Coco Loco

Feel more like sitting down with a knife and a fork? Here are some nice restaurants in the Ponte Milvio area:

#### Ristorante Met

Restaurant, aperitif club and cocktail bar

Piazzale di Ponte Milvio, 34

Tel: +39 06 3322 1237

Price: €40/person

web: [www.met-roma.it](http://www.met-roma.it)

#### Dulcamara

Fresh mediterranean food with an oriental twist

Via Flaminia Vecchia, 449

Tel: +39 06 333 2108

Price: €30/person

web: [www.dulcamararoma.it](http://www.dulcamararoma.it)

#### T-bone Station

For meat lovers: tex-mex, chicken wings, stuffed potatoe skins just to name a few!

Via Flaminia Vecchia, 527

Tel: +39 06 333 3297

Price: €30/person

web: [www.t-bone.it](http://www.t-bone.it)

#### Maurizio & Natalino

An obligatory destination for meat lovers and typical Roman cuisine.

Via Carbognano, 4

Tel: +39 06 333 2730

Price: €35/person

web: [www.natalinoemaurizio.eu](http://www.natalinoemaurizio.eu)

#### Cassamortaro

Excellent food in a cosy surrounding.

Via Flaminia Vecchia, 515

Tel: +39 06 333 2528

Price: €30/person

web: [www.cassamortarocafe.it](http://www.cassamortarocafe.it)

#### Antica Trattoria Pallotta

Roman specialities and Pizza in a family atmosphere.

Piazzale di Ponte Milvio, 23

Tel: +39 06 333 4245

Price: €30/person

#### Macello

Choose between 8 "swords" of light and healthy meat or vegetarian with delicious dedicated sauces, combined with beers, wines and cocktails.

Via Flaminia, 451

Tel: +39 06 33 37 020

Price: €30/person

[Macelloroma.it](http://Macelloroma.it)

#### Ristorante Voy

VOY is a place to live all day, for lunch, aperitif or dinner. The gastronomic focus is on traditional Mediterranean dishes with a touch of creativity.

Via Flaminia, 496/C

Tel: +39 06 33 222 179

Price: € 35/person

[www.voy.it](http://www.voy.it)

#### Pizzeria Fratelli La Bufala

Real Neapolitan pizza, buffalo mozzarella cheese and meat. Simple food, genuine flavours, fresh ingredients and high quality.

Viale di Tor di Quinto, 35

Price: € 30/person

[www.fratellilabufala.eu](http://www.fratellilabufala.eu)

### 30 mns by taxi from the Catholic University:

So you don't want to miss having a walk and dinner in the historical centre of Rome, but there are so many sites to see and place to eat! Here is a route I have created, you can either do the whole itinerary (takes roughly 1 hour and 15 minutes without stopping to look at the monuments!) or choose to visit just a few areas depending on how much time and energy you have!

**Route:** Piazza del Popolo - Piazza di Spagna - Fontana de Trevi - Pantheon - Piazza Navona - Castel Sant'Angelo - St. Peter's Basilica and the Vatican City - Borgo Pio - Piazza Risorgimento

#### Piazza del Popolo.

Piazza del Popolo is a large urban square in Rome. The name in Italian literally means "People's Square", but historically it derives from the poplars after which the church of Santa Maria del Popolo, in the northeast corner of the piazza, takes its name.

The piazza lies inside the northern gate in the Aurelian Walls, once the Porta Flaminia of ancient Rome, and now called the Porta del Popolo. This was the starting point of the Via Flaminia, the road to Ariminum (modern-day Rimini) and the most important route to the north. At the same time, before the age of railroads, it was the traveler's first view of Rome upon arrival. For centuries, the Piazza del Popolo was a place for public executions, the last of which took place in 1826.

*Where to eat in the area of Piazza del Popolo:*

Osteria Sant'Ana

Excellent quality roman food, fish and meat dishes.

Via della Penna, 68

Tel: +39 06 361 0291

Price: €50 - €60/person

web: [www.osteriastana.it](http://www.osteriastana.it)

### Que te Pongo?

Salmon bar, the widest selection of the highest quality salmon based panini and salads in Rome.

Via di Ripetta, 40

### Piazza di Spagna

Walking along either Via del Corso or Via del Babuino you will then reach the area of Piazza di Spagna. Renowned world over for its spectacular steps, designed by Francesco De Sanctis between 1723 and '26, as well as for Pietro Bernini and his son Gian Lorenzo's 1629 half-sunk boat-shaped fountain called "La Barcaccia", Piazza di Spagna is an important meeting point for both Romans and tourists.

Rising up on top of the Steps and overlooking the Piazza is the Church of Trinità dei Monti, which was built on the wishes of King Louis XII of France in 1502. Shifting our gaze to the left, Villa Medici sul Pincio, today the seat of the French Academy, comes into sight. Fanning out from the piazza below are a myriad of streets where both the top fashion brands are to be found as well as sites of historical and cultural interest.

### The Trevi Fountain

From Piazza di Spagna take Via della Propaganda, Via Sant'Andrea delle Fratte, Via del Bufalo, Via Poli and you will arrive at the Trevi Fountain (Italian: *Fontana di Trevi*).

The Trevi Fountain was designed by Italian architect Nicola Salvi and completed by Pietro Bracci. Standing 26.3 meters (86 ft) high and 49.15 meters (161.3 ft) wide, it is the largest Baroque fountain in the city and one of the most famous fountains in the world. The fountain has appeared in several notable films, including Federico Fellini's *La Dolce Vita* and is a popular tourist attraction.

### Pantheon

From Piazza di Trevi, take Via delle Muratte, Via di Pietra, Piazza di Pietra, Via dei Pastini, turn left and then immediately right on Piazza della Rotonda (otherwise known as Piazza del Pantheon).

The Pantheon is nothing less than the finest example of the very best architectonic craft of ancient Rome. The simple harmonious structure results from its perfect cylindrical proportions, given that the

diameter of the dome is equal to the height of the building. Its interior provides the last resting for a number of important personages. Here lies the tomb of High Renaissance Painter and Architect Raphael, Baroque Painter Annibale Carracci and the Kings Vittorio Emanuele II and Umberto I. Dominating the square outside is G. Della Porta's delightful Renaissance fountain surmounted by Rameses' II's obelisk.

*Where to eat in the area of Piazza del Pantheon:*

### Boccondivino

Prestigious and quiet atmosphere, seasonal menu. Special menu for celiacs.

Piazza Campo Marzio, 6

Tel: +39 06 68308626

Price: €60/person

web: [www.boccondivino.it](http://www.boccondivino.it)

### Giolitti Ice-Cream

Home-made ice-cream since 1890!

Via Uffici del Vicario, 40

### San Crispino Ice-Cream

Have a taste of their incredible flavors (ginger & cinnamon – chestnut & rum)

Piazza della Maddalena, 3

### Piazza Navona

From Piazza del Pantheon take the Salita de' Crescenzi, turn right on Via della Dogana Vecchia, turn left on Via del Salvatore, then turn left on Corso Rinascimento and immediately right on Corsia Agonale which will take you to Piazza Navona.

Viewed from above, the square's outline is that of an arena. It was in fact built on top of Domitian's Stadium, the remains of which are to be found in the piazza's Seventeenth Century Baroque Church of Sant'Agnese in Agone, which was designed by that great architect Francesco Borromini. Adorning the piazza are its three sumptuous fountains: the Fountain of the Moor, the Fountain of Neptune and the most important of all, Bernini's Fountain of the Four Rivers (the Nile, Ganges, Danube and Rio de la Plata). During the festive season from early December to the Epiphany, the piazza is annually filled with Christmas stalls selling toys, sweets and crib figures. Over an amphitheatre dating from Emperor Nero's

rule, Domitian had a stadium built towards 86 A.D. However over the course of the centuries, Piazza Navona was the favorite spot to hold games, tournaments and processions. Between the seventeenth and nineteenth centuries, the piazza was often flooded for aquatic games and to stage naval battles, where boats of princes and prelates would be paraded with the letting off of fireworks.

*Where to eat in the area of Piazza Navona:*

#### **Chiostro del Bramante**

Stop for a cocktail with a direct view on Raffaello's fresco "Le Sibille", kept in the Church of Santa Maria della Pace.

Arco della Pace, 5

Closes at 08.00pm on weekdays

#### **Ristorante il Fico**

Genuine roman recipes, quality of the ingredients used.

Via di Monte Giordano, 49

Tel: +39 06 6875568

Price: €35/person

web: [www.ilfico.com/ilficoristorante](http://www.ilfico.com/ilficoristorante)

#### **Da Baffetto 2**

Roman pizza and osteria

Via del Governo Vecchio, 114

Tel: +39 06 686 1617

Price: €25/person

web: [www.pizzeriabaffetto.it](http://www.pizzeriabaffetto.it)

#### **Cul-de-sac**

Wine bar

Piazza di Pasquino, 73

Tel: +39 06 6880 1094

Price: €25/person

web: [www.enotecaculdesac.com](http://www.enotecaculdesac.com)

#### **Castel Sant'Angelo**

From Piazza Navona, take a right on Via De Lorenesi, through Vicolo della Pace, turn right in Via della Pace, then left and immediately right on Vicolo del Fico, turn left on Via di Monte Giordano, onto Via di Panico and then left on Piazza di Ponte Sant'Angelo where you cross the Tiber River at Ponte Sant'Angelo.

With its National Museum bearing its name, Castel Sant'Angelo, as well as boasting the marvelous stuccos, frescos and furnishing of its papal apartments, is also home to an important collection of ancient weapons. Castel Sant'Angelo moreover gained automatic fame on the premiere of Giacomo Puccini's Opera Tosca at the Teatro Costanzi in Rome on 14th January 1900. The opera in fact ends in tragedy with the main character, Tosca, hurling herself to her death over the castle's ramparts.

#### **Basilica of St. Peter and the Vatican City**

A short walk up Via della Conciliazione from Castel Sant'Angelo and you will arrive in Piazza San Pietro. The visitor is first struck by the grandeur of the square spreading out before the Basilica of St. Peter, framed by the magnificent four column-deep colonnade designed by Gian Lorenzo Bernini. However it is only on entering the Basilica itself, after climbing the three tiered set of steps (once again designed by Bernini), is one truly over-awed by the vast size and sumptuousness of this symbol of Christianity. The largest church in the world's surface covers around 22,00 square meters; its Michelangelo designed dome is 42 meters wide; the entire building rises to a height of 136 meters, while 330 steps take you to the top of the dome for an exquisite panorama of the square and Rome. Countless masterpieces of major artists are to be found inside: Bernini's majestic 29 meter high bronze baldacchino; Michelangelo's superb sculpture the Pietà; Canova's tomb for Pope Clement XIII and Giotto's restored mosaic The Navicella which is in a lunette over the central opening into the portico. Innumerable and timeless works, the majority of which are paintings, are also waiting to be admired in the Vatican Museums. Of inimitable beauty, here is also housed one of the cornerstones of Italian and indeed world art, Michelangelo's Sistine Chapel.

#### **Piazza Risorgimento**

Looking at the Basilica of St. Peter's, go right through the colonnade and take Via di Porta Angelica which will take you to Piazza Risorgimento.

Situated at the back of the Vatican walls and Borgo Pio, it is a good arrival point after your long walk as there are many restaurants in the area to finally sit down in and have a nice dinner before going back to your Hotel.

*Where to eat in the area of Piazza Risorgimento:*

#### Zi Gaetana

Roman cooking, skillfully managed by the Cataldi family (restaurant and pizzeria)

Via Cola di Rienzo, 263

Tel: +39 06 3212342

Price: €35/person

web: [www.zigaetana.com](http://www.zigaetana.com)

#### Dal Toscano

Braceria where you can enjoy the best Chianina, Fiorentina, or Danish meat.

Viale Germanico, 58/60

Tel: +39 06 39725717

Price: €60/person

web: [www.ristorantedaltoscano.it](http://www.ristorantedaltoscano.it)

#### Romeo Chef & Baker

Winery, bakery, delicious cheeses and hams, home-made focaccia and a restaurant, all-in-one!

Via Silla 26/a

Tel: +39 06 32110120

Price: €35-€50/person

web: [www.romeo.roma.it](http://www.romeo.roma.it)

#### Trastevere

The area of Trastevere is a neighborhood like no other a little further along the Tiber River from St. Peter's Basilica (but too far to reach by foot!). Its ivy-coated, cobblestone streets come alive at night. From there you can also stroll along the Tiber River toward the Tiberina Island located in the southern bend of the Tiber. The island is boat-shaped, approximately 270 m long and 67 m wide, and has been connected with bridges to both sides of the river since antiquity. Being a seat of the ancient temple of Asclepius and later a hospital, the island is associated with medicine and healing.

*Where to eat in the area of Trastevere:*

#### Da Enzo al 29

Genuine roman osteria and food.

Via dei Vascellari, 29

Tel: +39 06 5812260

Price: €40/person

web: [www.daenzoal29.com](http://www.daenzoal29.com)

#### Spirito di Vino

Natural home-made Italian food and extensive wine cellar.

Via dei Genovesi, 31

Tel: +39 06 5896689

Price: €25- €40/person

web: [www.spiritodivino.com](http://www.spiritodivino.com)

#### Ditta Trinchetti

Varied menu and enjoy their farm-to-table concept.

Via della Lungaretta 76

Tel: +39 06 58331189

Price: €55/person

web: [www.dittatrinchetti.com](http://www.dittatrinchetti.com)

#### Dar Poeta

Best wood oven-baked pizza in Rome!

Vicolo del Bologna, 45

Tel: +39 06 588 0516

Price: €25/person

web: [www.darpoeta.com](http://www.darpoeta.com)

#### Fata Morgana Ice-Cream

"Clean label" ice-cream containing only natural ingredients.

Via Roma Libera

Need a more technological guide? Use an App:

Around me

Whazzo

Foursquare





[www.eetc.it](http://www.eetc.it)



WE'LL HELP YOU GROW

